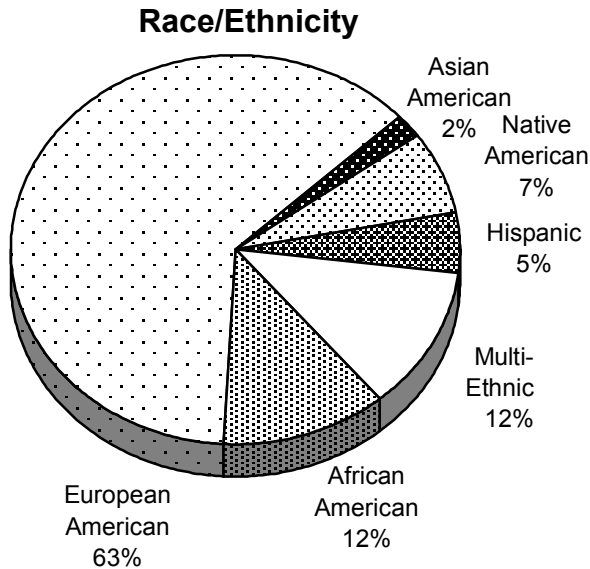


Population¹

Counterpoint Day Treatment Program provides intensive sex-offender specific treatment. Clients are adolescent male youth in need of highly structured community-based treatment. Their average age at admission is 14.9 years.



Sexual Offending

- 88% are identified sex offenders: 83% committed sexual felonies
- As a group, these 60 youth offended 364 victims over 11,794 times
- 80% were 12 years old or younger when they first offended
- 89% offended a child aged 8 years old or younger

Previous Placements

- 55% had 3 or more prior out of home placements (67% had a prior residential or inpatient placement)

Delinquency/School Problems

- 40% have also been arrested for non-sexual crimes (22% felonies)
- 47% have set fires
- 45% have been cruel to animals
- 19% are drug or alcohol dependent
- 80% have had serious school problems (suspended, expelled, failing grades)

Family Problems

- 46% have sex offenders in their family
- 28% have adult sexual abuse victims in their family
- 59% have at least one parent with a history of criminal arrests
- 47% have lived in families where domestic violence occurred
- 74% are children of alcoholics or drug abusers
- 67% have lived in poverty
- 80% lacked good parental supervision
- 47% lacked appropriate parental involvement

Child Abuse and Neglect

- 62% were sexually abused
- 42% were physically abused
- 38% were neglected
- 79% had experienced some form of abuse or neglect
- 40% were victims of multiple forms of abuse

¹ This summary is based on data from 60 clients discharged from treatment between July, 1999 and December, 2002.

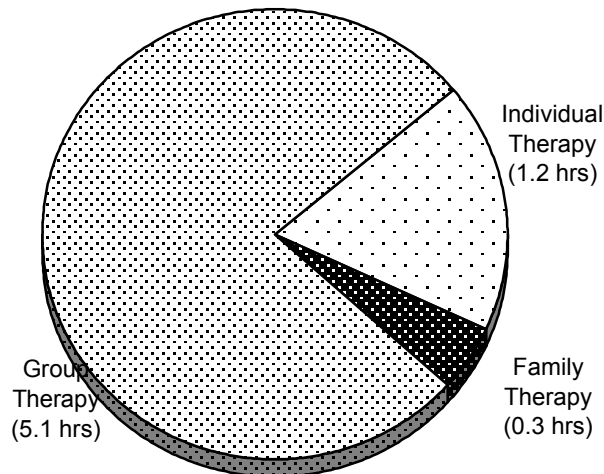
Treatment Process²

Treatment is intensive and is designed to involve the family...

- Youth completed the program in an average of 367 days (Average is 498 days for positive terminations and 281 for negative terminations).
- Residential treatment includes individual and family therapy, group therapy, educational instruction, and milieu therapy.

- Twelve of these youth (32%) failed to comply with treatment, 5 (13%) engaged in sexual acting out, 9 (24%) were delinquent, 4 (11%) had noncompliant families, 1 client moved out of the area, 1 ran from the program, and 1 lost funding, resulting in termination of treatment.
- 61% of negative terminations were recommended for a more restrictive living placement, and 26% for more intensive treatment.

Average Amount of Treatment Outside of Milieu Therapy and Educational Time
(Total = 6.6 hours/week)



- 82% of the positively terminating youth and 68% of negatively terminating youth had family participating in their treatment

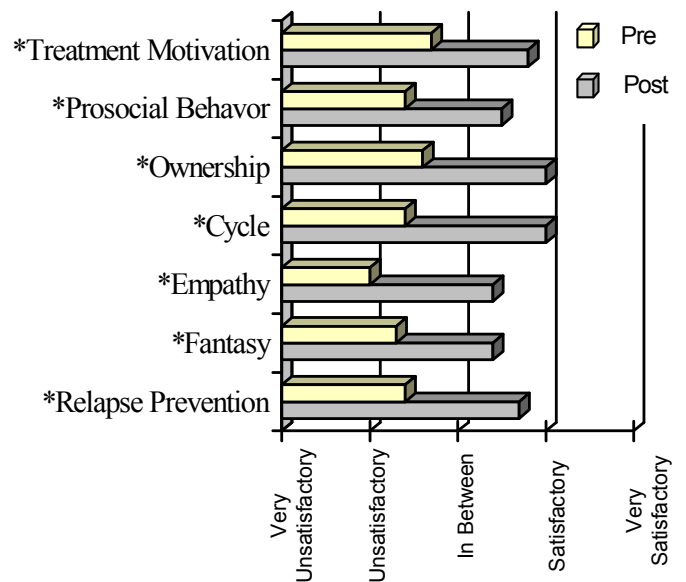
At discharge, less than half the youth (39%) were successful in the program and transitioned to less intensive treatment settings. Thirty-four youth (61%) were not successful in the program.

Immediate Outcome³

To assure readiness for transition to a less restrictive community placement or referral to long-term residential care...

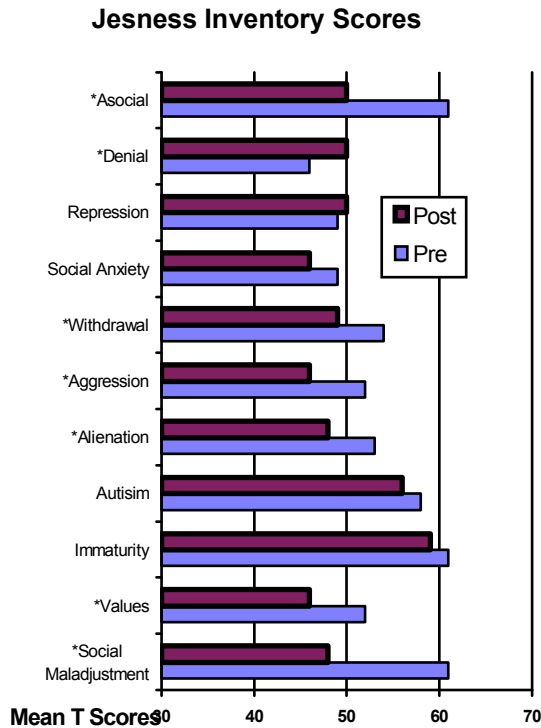
- Increased motivation and progress toward completion of sex offender treatment goals.

Treatment Progress Scores



2. Treatment process data are based on 60 clients discharged between July 1999 and December 2002.
 3. Immediate outcome data are based on the 26 clients who transitioned positively.
 * Indicates Statistically Significant Difference.

Significant Change in Delinquent Attitudes



Derogatis Psychiatric Rating Scale

This measure of acuity was completed for only 5 of the clients who positively transitioned from the program. These clients generally showed a decrease in obsessive –compulsive symptoms, interpersonal sensitivity, and hostility. The only statistically significant difference was a decrease in the Global Pathology Index.

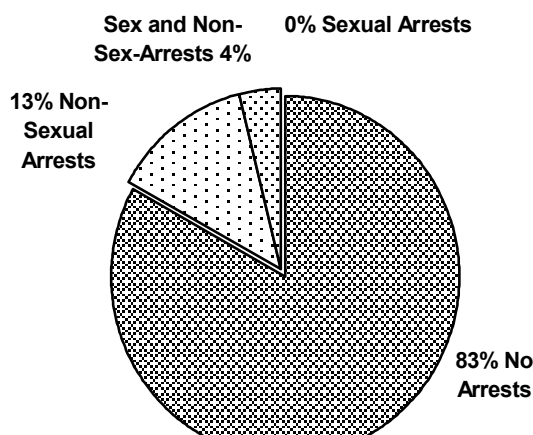
Client Satisfaction

- 100% of the youth rated the quality of service positively and were generally satisfied with the program
- 100% of youth reported that the program helped them deal effectively with their problems.

One Year Following Discharge

44 clients were eligible for follow-up. Of these, 12 clients were in Close Custody for the entire follow-up year. Of those in the community, 4% were arrested for sexual offenses. 17% were arrested for non-sexual offenses.

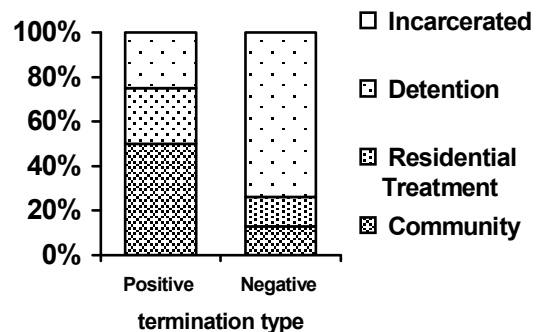
Recidivism Rates⁴



- 4% of all clients who entered treatment were arrested for a new sexual offense.

- 17% were arrested for a new non-sexual offense.

Most Restrictive Living Placement⁵

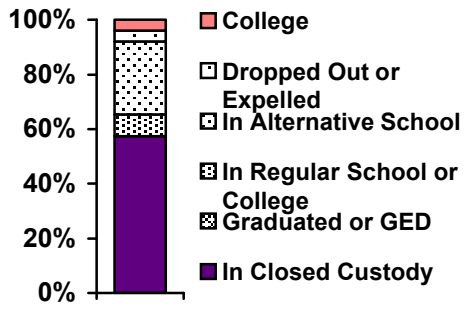


- 50% of clients who transitioned positively from the program remained in the community after one year.

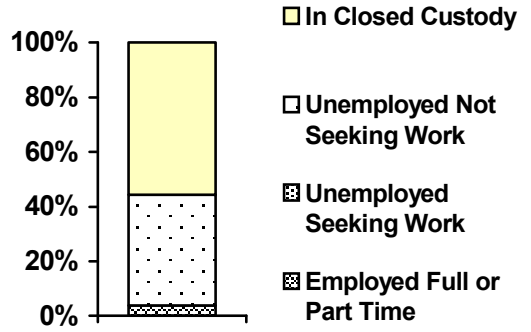
4. Based on arrest records for 30 clients who were enrolled for at least 120 days, and were not living in secure custody for the entire year following treatment(n=12). Arrest records were not obtained for 2 clients (missing data). 14 clients had not been out of treatment for 1 year, and so were not eligible for follow-up yet.

5. Based on DHS/OYA/DSSH records from 30 clients who were enrolled for at least 120 days.

Current School Status⁷



Current Employment Status



Appendix A: Data Summary

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CPDT Data Summary July 1999 to December 2002

Demographic Information

Treatment Population (n=60)

Day Treatment/Proctor.....	50%
Day Treatment/Residential.....	45%
Parent.....	5%

Ethnicity

Caucasian.....	63%
African American.....	12%
Hispanic.....	5%
Native American.....	7%
Asian/Pacific Islander.....	2%
Mixed Ethnicity.....	12%

Referral Source

Washington State DSHS.....	27%
OYA.....	55%
SCF.....	12%
OYA/SCF.....	3%
Other Contract (PPS, Partners, Indian Child Welfare).....	4%

Living Placement Prior to Admission

Birth Parents.....	5%
Other Relative.....	2.5%
Foster Care.....	20%
Group Home.....	2.5%
Residential Care.....	10%
Detention.....	7.5%
Close Custody.....	52.5%

Gender

Male.....	100%
-----------	------

Average Age (range 12 -18, n=60) 14.9

Referral State/County

Oregon (n=43).....	72%
Clackamas.....	10%
Clatsop.....	3%
Deschutes.....	2%
Douglas.....	2%
Linn.....	3%
Marion.....	10%
Multnomah.....	32%
Wasco.....	2%
Washington.....	8%
Washington (n=16).....	27%
Clallam.....	2%
Clark.....	7%
Cowlitz.....	5%
Grays Harbor.....	5%
Pierce.....	2%
Snohomish.....	2%
Spokane.....	3%
Thurston.....	2%
California (n=1).....	2%

School Information

School Status and Placement Prior to Admission

Enrolled in Regular School.....	30%
Enrolled in Other School (alternative, voc, etc.).....	65%
Not in School - Dropped Out/Expelled.....	3%
Not in School - Graduated.....	0%
Not in School - Completed GED.....	2%

School Behavior Problem History (n=57)

None or Minor.....	25%
One or Two Suspensions.....	15%
Multiple Suspensions or Expulsions.....	55%

Trouble in School (behavior or academic)..... 80%

Academic History

Good (A & B).....	13%
Average (C).....	47%
Poor (D & F).....	40%

Special Education Status

None.....	45%
LD.....	25%
SED.....	27%
MRDD.....	2%
Other.....	2%

Drug & Alcohol Use

Mean Age at First Use (range 4 - 15, n=60)..... 7.4

Level of Use

	Alcohol	Marijuana	Cocaine	Inhlnts, Stims, Hallucinogens, etc.	IV Drugs
Never.....	28%	52%	90%	77%	95%
Less than Weekly.....	43%	17%	8%	18%	5%
More than Weekly/Less than Daily.....	23%	15%	2%	5%	0%
Daily.....	5%	17%	0%	0%	0%

Last Use of Alcohol or Drugs

No History.....	25%
No Use in Over 2 Years.....	23%
No Use in Over 1 Year.....	13%
No Use in Over 6 Months.....	23%

No Use in Over 3 Months..... 7%

Use Within 3 Months..... 8%

Current Substance Abuse Concerns 18%

Stage of Chemical Dependence

No Use..... 50%

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CPDT Data Summary July 1999 to December 2002

Experimental Use	22%	Early/Middle Stage Dependence.....	17%
Social Use/Abuse.....	10%	Late Stage Dependence	2%

Other Delinquency

Youth Has History of Fire Setting	47%	Youth Has Non-Sexual Arrests (mis/fel/status)	40%
Youth Has History of Cruelty to Animals	45%	Youth Has Non-Sexual Arrests (mis/fel)	36%
Number of Runaways			
None	58%	Non-Sexual Allegations	
One or Two of Short Duration.....	10%	Robbery	Felony Non-Fel
More Than Two of Long Duration	32%	Burglary.....	2% 0%
Character of Youth's Friends		Theft.....	12% 2%
Pro-social	13%	Arson.....	3% 15%
Delinquent.....	23%	Assault.....	2% 3%
Mixed (Pro-social and Delinquent).....	58%	Drug & Alcohol.....	5% 20%
No Friends.....	5%	Other (Weapon, Trespass, etc.).....	0% 0%
Gang Involvement		Most Serious Non-Sexual Allegation	
None	67%	None.....	60%
Hangs Out With Gang Members	22%	Status Offense.....	3%
Gang Member.....	12%	Misdemeanor	15%
Probation Violations (n=55)		Felony	8%
None	Past Year Ever	Multiple Felonies	13%
One	75% 71%	Average Number of Non-Sexual Allegations	
Two or more.....	13% 11%	Status Offenses	2.1
Average Age at First Arrest (mis/fel, range 7-16)....		Misdemeanors.....	0.4
12.4		Felonies	1.1
		0.6	

Sexual Offenses

Sexual Offense Allegations (n=57)	Both.....	62%	
Sexual Misconduct	0%	Average Age of Youngest Victim (range 1 - 16)	4.5
Sexual Abuse III.....	11%	Average Age of Youth at First Offense (range 4 - 16)	9.6
Sexual Abuse II	2%	Average Number of Victims (range 0-33)	6.4
Sexual Abuse I	66%	Average Number of Incidents (range 1 - 3006)	214
Sexual Penetration W/A Foreign Object I.....	0%	Relationship to Victim	
Sodomy I, Attempted.....	6%	Sibling/Other relative	87%
Sodomy II.....	0%	Friend/Acquaintance	83%
Sodomy I.....	25%	Stranger	5%
Rape III.....	0%	Highest Level of Sexual Contact	
Rape II	2%	Sexual, but not genital contact.....	4%
Rape I.....	17%	Genital contact, but no penetration.....	24%
Rape of Child I.....	11%	Genital or anal penetration.....	73%
Child Molest I.....	9%	Highest Level of Coercion Used	
Incest II.....	0%	None.....	4%
Incest I.....	4%	Special treatment, guilt, games, bribes.....	19%
Indecent Exposure	0%	Verbal abuse, threats	14%
Indecent Liberties	2%	Physical force	61%
Most Serious Sexual Offense Allegation		Weapon	2%
None	22%	Victim was Infant/Handicapped/Sleeping	22%
Misdemeanor.....	5%	Victim was Drunk/Drugged	4%
Felony.....	27%	O'Brien Typology (n=58)	
Multiple Felonies.....	47%	Naïve Experimenter	6%
Average Number of Sex Offense Allegations		Under-Socialized Child Exploiter	28%
Misdemeanors	0.2	Pseudo-Socialized Child Exploiter.....	10%
Felonies.....	2.5	Sexual Aggressive.....	29%
Victim Gender Preference (n=55)		Sexual Compulsive	18%
Males only.....	7%		
Females only	31%		

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CPDT Data Summary July 1999 to December 2002

	Pos	Neg		Pos	Neg
Living Placement at Transition (n=49)			Treatment Placement Setting at Transition		
Birth Parents or Blended Family	27%	4%	Unspecified "Outpatient"	62%	0%
Single Parent	18%	4%	Counterpoint Outpatient	14%	0%
Adoptive Parent	5%	0%	CareMark Outpatient	0%	0%
Other Relative	5%	0%	Lower Columbia Mental Health	0%	0%
Independent Living	14%	4%	Private Practitioner Outpatient	0%	0%
Foster Home	18%	7%	Children's Home Society	0%	0%
Group Home	5%	0%	Echo Glen	0%	0%
Residential Treatment	5%	22%	Salvation Army (Aberdeen, WA)	0%	0%
Detention	0%	26%	Youth Progress	5%	0%
Close Custody	0%	30%	Arata Creek	5%	0%
On the run	0%	4%	Janus Buckman	5%	0%
Staff Treatment Recommendations			Janus Reese Lamb	0%	0%
No Further Treatment	0%	0%	Christie School	0%	0%
Sex Offender Outpatient	96%	6%	St. Mary's Home for Boys	0%	9%
S.O. Outpatient with Supervised living	5%	3%	Northwest Children's Home (Idaho)	0%	3%
Sex Offender Day/Residential	0%	18%	Donald E. Long Home (detention)	0%	0%
Secure Residential Treatment	0%	15%	Secure Residential Treatment Program	0%	6%
Maximum Security Detention	0%	58%	Maclaren/Hillcrest/Excelsior	0%	33%
			None or Not Determined	9%	17%
			Unknown (missing data)	5%	30%

Immediate Outcomes: Pre - Post Testing

	Pre	Post			
Jesness Inventory: Mean T Scores (n=20)			* Cycle Recognition	1.8	3.7
* Social Maladjustment	61	48	* Victim Awareness	1.8	3.4
* Value Orientation	52	46	* Sexual Fantasy/Arousal	2.0	3.3
Immaturity	61	59	* Relapse Prevention	1.6	3.6
Autism	58	56	* Total Score	14.8	25.4
* Alienation	53	48	Parent Acceptance That Youth Offended (n=21)		
* Manifest Aggression	52	46	* Average Score	3.3	3.7
* Withdrawal	54	49	CAFAS (n=4)		
Social Anxiety	49	46	* School Work	20	7.5
Repression	49	50	Home	25	15
* Denial	46	50	Community	27.5	17.5
* Asocial Index	61	50	* Behavior Toward Others	20	2.5
<i>Asocial Index in the clinical range (T≥70) ...</i>	<i>25%</i>	<i>5%</i>	Moods	20	10
<i>Any scale in the clinical range (T≥70)</i>	<i>45%</i>	<i>35%</i>	Self-Harm	0	0
Treatment Progress Checklist (n=22)			Substance Use	10	0
* Motivation	2.8	3.9	Thinking	10	5
Family Support	2.4	3.0	* Total Score	132.5	57.5
* Prosocial/Adaptive Behavior	2.3	3.4			
* Ownership	2.6	4.1			

* Statistically significant difference (p. <.05).

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CPDT Data Summary July 1999 to December 2002

One Year Follow-Up: Recidivism

Source of Recidivism Data (n=60)		Sexual Allegations	
Included in recidivist sample (n=30)	50%	Rape of a Child 2 (WA).....	4%
Excluded, follow-up in progress (n=16).....	27%	Average Number of Non-Sex Allegations	0.20
Excluded, missing data (n=2).....	3%	Status Offenses	0.10
Excluded, lived in secure custody (n=12)	20%	Misdemeanors.....	0.07
New Allegations (n=29)		Felonies	0.03
No New Sexual Allegations	96%	Most Serious Non-Sexual Allegation	
No New Non-Sexual Allegations (mis/fel)	83%	None.....	83%
Probation Violations		Status.....	8%
None	86%	Misdemeanor	4%
One	10%	Felony	4%
Two or more.....	5%	Non-Sexual Allegations	
Average Number of Sexual Allegations	0.03	Robbery.....	4%
Misdemeanors	0.00	Burglary.....	0%
Felonies.....	0.03	Theft.....	0%
Most Serious Sexual Allegation		Assault.....	4%
None	96%	Drug & Alcohol.....	0%
Misdemeanor.....	0%	Other (Weapon, Trespass, etc.).....	0%
Felony.....	4%		
Multiple Felonies.....	0%		

One Year Follow-Up: Living Placement

Has Not Been Placed in Secure Custody (n=30).....	42%	Most Restrictive Level of Placement (n=31)	
Positive Transitions Not Placed in Secure Custody ...	88%	Remained in Community.....	27%
		Psychiatric Hospital	0%
		Residential Treatment	7%
		Juvenile Detention	7%
		Secure Residential Treatment	10%
		Secure Custody.....	57%

Long Term Outcomes: Community Functioning

School Status and Placement		Outpatient Treatment.....	26%
Not in School - Dropped Out/Expelled	10%	Day/Residential Treatment	21%
Not in School - Graduated.....	0%	Psychiatric Hospital	0%
Not in School - Completed GED.....	0%	Close Custody.....	47%
Enrolled in Regular School	10%	Unknown	5%
Enrolled in Other School (alt., voc., etc).....	60%	Substance Use (n=5)	
Enrolled in College.....	5%	Alcohol.....	20%
Unknown.....	15%	Marijuana	40%
Employment Status		Cocaine.....	0%
Employed – Full Time	15%	Other Substance	0%
Employed – Part Time	10%	Most Intensive Drug & Alcohol Treatment	
Enrolled in Vocational Program	0%	None (not applicable).....	78%
Unemployed – Looking for Work.....	0%	Assessment	11%
Unemployed – Not Looking for Work.....	75%	Outpatient D&A.....	11%
Currently in school, vocational training,		Inpatient D&A	0%
employed, or searching for job	90%	Current Substance Abuse Concern (n=25)	13%
Most Intensive Level of Treatment (n=19)			
None	0%		

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CPDT Data Summary July 1999 to December 2002

Satisfaction: Youth (n=10)

How would you rate the quality of services you received?

Excellent.....	60%
Good.....	40%
Fair.....	0%
Poor.....	0%

Have the services you received helped you to deal more effectively with your problems?

Yes, they helped a great deal.....	70%
Yes, they helped somewhat.....	30%
No, they really didn't help.....	0%
No, things seemed to get worse.....	0%

In an overall, general sense, how satisfied are you with the service you received?

Very satisfied.....	60%
Mostly satisfied.....	40%
Mildly dissatisfied or indifferent.....	0%
Quite dissatisfied.....	0%

I am better at handling daily life.

Strongly Agree.....	40%
Agree.....	60%
Undecided.....	0%
Disagree.....	0%
Strongly Disagree.....	0%

I get along better with family members

Strongly Agree.....	40%
Agree.....	50%
Undecided.....	10%
Disagree.....	0%
Strongly Disagree.....	0%

I get along better with friends and other people.

Strongly Agree.....	30%
Agree.....	45%
Undecided.....	20%
Disagree.....	0%
Strongly Disagree.....	0%

I am doing better at school and/or work.

Strongly Agree.....	30%
Agree.....	60%
Undecided.....	00%
Disagree.....	0%
Strongly Disagree.....	0

I am better able to cope when things go wrong.

Strongly Agree.....	30%
Agree.....	60%
Undecided.....	10%
Disagree.....	0%
Strongly Disagree.....	0%

I am satisfied with my family life right now.

Strongly Agree.....	30%
Agree.....	40%
Undecided.....	20%
Disagree.....	10%
Strongly Disagree.....	0%

I helped to choose my services.

Strongly Agree.....	20%
Agree.....	60%
Undecided.....	20%
Disagree.....	0%
Strongly Disagree.....	0%

I helped to choose my treatment goals.

Strongly Agree.....	30%
Agree.....	60%
Undecided.....	10%
Disagree.....	0%
Strongly Disagree.....	0%

The people helping me stuck with me no matter what.

Strongly Agree.....	60%
Agree.....	40%
Undecided.....	0%
Disagree.....	0%
Strongly Disagree.....	0%

I felt I had someone to talk to when I was troubled.

Strongly Agree.....	50%
Agree.....	50%
Undecided.....	0%
Disagree.....	0%
Strongly Disagree.....	0%

The people helping me listened to what I had to say.

Strongly Agree.....	50%
Agree.....	40%
Undecided.....	10%
Disagree.....	0%
Strongly Disagree.....	0%

I was actively involved in my own treatment.

Strongly Agree.....	40%
Agree.....	50%
Undecided.....	10%
Disagree.....	0%
Strongly Disagree.....	0%

I received services that were right for me.

Strongly Agree.....	40%
Agree.....	60%
Undecided.....	0%
Disagree.....	0%
Strongly Disagree.....	0%

The location of services was convenient.
 Strongly Agree..... 20%
 Agree 30%
 Undecided 40%
 Disagree 0%
 Strongly Disagree 10%

Services were available at times that were convenient for me.
 Strongly Agree..... 30%
 Agree 60%
 Undecided 10%
 Disagree 0%
 Strongly Disagree 0%

If I needed services in the future, I would use these services again.
 Strongly Agree..... 40%
 Agree 40%
 Undecided 10%
 Disagree 0%
 Strongly Disagree 10%

I got the help I wanted.
 Strongly Agree..... 50%
 Agree 50%
 Undecided 0%
 Disagree 0%
 Strongly Disagree 0%

I got as much help as I needed.
 Strongly Agree..... 0%
 Agree 60%
 Undecided 20%
 Disagree 20%
 Strongly Disagree 0%

I, not staff, decided my treatment goals.
 Strongly Agree..... 40%
 Agree 40%
 Undecided 20%
 Disagree 0%
 Strongly Disagree 0%

Staff treated me with respect. (n=9)
 Strongly Agree..... 22%
 Agree 55%
 Undecided 22%
 Disagree 0%
 Strongly Disagree 0%

Staff understood my cultural traditions
 Strongly Agree..... 30%
 Agree 50%
 Undecided 20%
 Disagree 0%

Strongly Disagree..... 0%

Staff respected my family's religious/spiritual beliefs.
 Strongly Agree..... 40%
 Agree..... 60%
 Undecided..... 0%
 Disagree 0%
 Strongly Disagree..... 0%

Staff spoke with me in a way that I understood.
 Strongly Agree..... 20%
 Agree..... 70%
 Undecided..... 10%
 Disagree 0%
 Strongly Disagree..... 0%

Staff were sensitive to my cultural/ethnic background.
 Strongly Agree..... 20%
 Agree..... 80%
 Undecided..... 0%
 Disagree 0%
 Strongly Disagree..... 0%

I felt discriminated against while trying to get services here.
 Strongly Agree..... 0%
 Agree..... 0%
 Undecided..... 0%
 Disagree 30%
 Strongly Disagree..... 70%

Facility

- More parking 12/01

Structure & Treatment

- More structure 9/01
- Make more time for therapist to check in with clients at least once a week 12/02

Aftercare

- I need aftercare 9/01
- I wish I could stay with MC Counterpoint 11/01

Summary

Long-term outcomes were mixed

1. CPRT is serving the population it was designed to serve

- CPDT is serving serious and chronic sex offenders.
- Clients are less seriously delinquent than in the past. About 40% have been arrested for non-sexual crimes (down from 50% at the last evaluation) and 28% exhibit clinically delinquent attitudes at admission.

2. Family involvement in treatment continues

- 80% of the youth had at least 1 hour of family treatment.
- 44% of positive transitions and 54% of negative transfers had at least 1 hour of family therapy each month.
- Home visit tracking has changed to improve accuracy- accurate data for this sample does not exist.

3. Youth satisfaction with CPDT is high

- 100% of the youth reported that the quality of services was high.

4. Behavior changes were positive

- Delinquent attitudes dropped significantly.
- Clients showed increased motivation and progress toward completion of sex offender treatment goals.
- Clients showed significant improvement on the Schoolwork and Behavior Towards Others subscales of the CAFAS, as well as on the total score.

•

5. Fewer of the youth admitted are being discharged back to the community than in the past

- 51% of the youth moved to less restrictive community placements, compared to 56% at the last evaluation and 77% previously.
- The positive transition rate was 39%, compared to 49% at the last evaluation and 61% previously. (A positive transition is defined as one where at least half of the treatment objectives were met and the youth is transferred to a placement determined to benefit the youth and his treatment needs).

- 50% of clients who transitioned positively from services remained in community placements after one year. This is a significant drop from the 74% reported in the last evaluation.
- One-year recidivism rates for new sexual (4%) and non-sexual allegations (17%) were consistent with published recidivism rates from other samples of treated adolescent sex offenders.

Recommendations

1. Increase the percentage of positive transitions. The program should continue to strengthen treatment efforts that contribute to positive transitions, such as mobilizing family support and transitioning clients into community placements with supports which may help clients to maintain treatment gains.
2. Consider using proctor homes as a step-down from residential treatment. ??? and tracking the amount of time that clients spend in each kind of placement.
3. Continue to emphasize the importance of family involvement and home visits. Continue to initiate contact with a family resource within 10 days of admission to discuss rationale and opportunities for their involvement in the youth's treatment. Continue to remove barriers that prevent families from accessing treatment, or prevent the youth from having home visits.

² Treatment process data is based upon 88 clients (89 admissions) served between 1994 and 2000.

³ Immediate outcome data is based upon 28 (62%) of the clients who transitioned positively.

* Statistically significant difference ($p < .05$.)

Future Program Improvement Goals

- Increase the percentage of positive transitions
- Improve the measurement of family involvement and Increase the number of families engaged in treatment.
- Decrease the number of graduating clients spending time in close custody in the year after discharge.

² Treatment process data is based upon 88 clients (89 admissions) served between 1994 and 2000.

³ Immediate outcome data is based upon 28 (62%) of the clients who transitioned positively.

* Statistically significant difference (p.< .05.)